

## MONTHLY BOARD MEETING MINUTES

February 22, 2016

### **Mental Health Board**

#### **Members in Attendance**

Bartley, David  
Bond, Yvonne  
O'Meara, Janet  
Stanners, Sharon  
Thickens, Theresa

#### **Absent Members**

Cowen, Jeff  
Dickinson, Will  
Holmes, Jim

#### **Staff and Guests**

Bauman, Maureen  
Cirillo, Gregg  
Cople, Katrina  
Denton, Kathie  
Hamilton, Cathy  
Jones, Janna  
Lane, Michael  
Osborne, Marie

### **Welcome and Introductions**

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Read by Yvonne Bond**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
  - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
  - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
  - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
  - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
  - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

### **PUBLIC HEARING – Placer County, Mental Health Services Act (MHSA) Annual Update FY 2015-16**

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board called the Public Hearing to order at 6:15 p.m.

- The Mental Health, Alcohol and Drug Board's (MHADB) role is to hear input from the public on the MHSA Annual Update FY 2015-16.
- Provided ground rules.
- Maureen Bauman, Director of the Adult System of Care, provided an overview of the annual update for FY 2015-16.
- No public comment received.
- Public Hearing concluded at 6:23 p.m.

#### **❖ Committees' Reports (Review and Discussion)**

In place of a formal presentation, the MHADB participated in a discussion about committees' activities. Written reports were provided from each committee. These activities are being brought forward (mid-year) to the full board to see where we are and where we are going.

- A written summary of all committees' goals was provided to members. The information came out of the retreat material (May 2015) and are the goals the committees have been working from this fiscal year.
- Theresa Thickens created a one-page table listing all the committees' goals: Placer County Mental Health Alcohol and Drug Advisory Board (MHADB) FY 2015-16 Goal. The table was distributed, asking for members' thoughts, ideas and/or efficiencies. A way to keep everyone on track with the goals that are being discussed.

#### **Executive Committee** – Theresa Thickens

- Distributed and reviewed the Executive Committee report, which reiterates what the role of the committee is.
- Theresa Thickens reviewed and provided highlights of the two goals.
- The report provides a summary of the committee's goals.
  - Identified some committee overlap, citing a few of the areas; further review of each committee's goals are needed to identify the areas, e.g., outreach and visibility.
  - Propose we discuss at the annual retreat and be strategic about what goals we focus on and where the gaps exist (e.g., TAY needs greater focus; older adult doesn't have a clear focus).
  - Review and hold for further discussion.
- Would like to take time at annual retreat to be strategic about the goals we want to focus on.

#### **Alcohol and Drug (AOD) Committee** – Sharon Stanners

- Distributed and reviewed the AOD Committee report (*goal status 2/22/16*); provided highlights of each of the four goals that were identified.
- Deanna Myer, Clinic Manager, Aegis Treatment Center presented at the committee's last meeting, providing an overview of the brain and effects of opiates/substance use on the brain. Some facts learned:
  - In the last 10 years, heroin use has quadrupled.
  - People as young as 12 are becoming addicted.
  - Primary drug of first time users: opiates (in form of misuse of prescription pain relievers).
  - 90% relapse rate for people not in treatment.
  - Ingest rate of lethal overdose.

#### **Quality Improvement (QI) Committee** – Theresa Thickens

- Distributed the QI Committee report; reviewed and provided highlights of each of the four goals that were identified.
- Last summary of all of the county QI audits (2015) – state, federal and internal, reported there are 28 different audits that occur on a routine basis.
- The most recent EQRO audit was received very well with positive input about the programs. No formal report received from the EQRO.
- Finished the triennial audit (November) that looks at both ASOC and CSOC charts and systems. Haven't heard back from the state.
- Noted some overlap on increasing the visibility of the board.
- Main focus for the remainder of the year: 1) are we providing the services we need to provide, are there gaps, and have we improved since last year; 2) complaint procedure (flow chart); and 3) audit findings.
- The committee hosted a consumer at today's meeting, who addressed some problems she is having related to mental health court.
  - Information was given to Marie Osborne, ASOC Assistant Director, for follow up.
  - Consumer was satisfied with QI Committee's response.
- No test calls were made during the last quarter (October – December); the board is challenged by number of test calls requested.
  - For the current quarter, there are two test calls logged.
  - ASOC plans to engage family advocates and consumers to assist in placing test calls.
- Marie Osborne shared information on California Department of Healthcare Services and the requirement for the newly implemented county dashboards.

#### **Children's Committee** – Cathy Hamilton, Committee member, reported on behalf of Will Dickinson

- Distributed and reviewed the Preliminary February 2016 report, focusing on highlights.
- The funding for the Sprouts program through First 5 will end after June 30, 2016.

- Katie A - Ms. Hamilton, as a person on the receiving end of services, feels there needs to be education on both sides - the provider and the receiver of services to increase service usage.

#### **Adult Services Committee – Janet O’Meara**

- Distributed the mid-year Adult Services Committee 2015-2016 report; reviewed and provided highlights of each of the goals.
- Requested members add Peer Focus Goal under ASC topic on the Placer County MHADB FY 2015-16 Goals grid.
- In response to ASOC input, Turning Point has started a family group. They also have a pilot program, giving a group of parents one-on-one telephone appointments with counselors to discuss issues, offering them direction on how to handle.

#### **Joint Children’s and QI Committee Report**

- Ad hoc committee established to address a specific issue.
- Distributed and reviewed the Joint Children’s and QI Committee report on the single goal they have worked on since FY 13-14 related to the transition of educationally related mental health services in Placer County to responsibilities of school districts.
- Recently received a summary of information, both qualitative and quantitative data from Placer County Office of Education (PCOE) and Special Education Local Planning Area (SELPA), who handles all of the special education funds and is accountable for services provided.
  - Investigate whether the money is being used as mandated.
  - Highlighted the Placer County specific data at the bottom of the page, pointing out some areas of concern.
    - Plan to meet with PCOE and SELPA and review the data.
    - Plan to jointly draft report for the BOS with PCOE and SELPA.

#### **Secretary/Treasurer’s Report**

- **Approval of the January 25, 2015 Regular Board Meeting Minutes** – Minutes approved as distributed.
- **Approval of Treasurer’s Report - \$1,500 - Amount budgeted for Fiscal Year 2015-16.**  
*Expenditures for the month of January include: \$49.98 - food purchased and \$33.00 – 250 MHADB business cards, leaving a balance of \$508.23. Balance is accepted as presented.*

#### **Standing Committee Reports**

- ❖ Executive Committee
- ❖ Alcohol and Drug (AOD) Committee – Sharon Stanners
- ❖ Quality Improvement – Theresa Thickens
- ❖ Children’s Committee – Will Dickinson
- ❖ Adult Services Committee – Janet O’Meara
- **All committee reports discussed above under “Committees’ Reports.”**

#### **Board of Supervisor (BOS)-Representative**

- ❖ Supervisor, Jim Holmes reported on the following:
  - Not in attendance.

#### **Correspondence and Announcements**

- ❖ Theresa Thickens, reported on the receipt of the following:
  - Local Mental Health Boards/Commissions is conducting a statewide training (flyer distributed to all members) from 10:00 – 3:00 on April 2, 2016.
    - Janet O’Meara will be attending and noted it is open to all MHADB members at no cost.

#### **Director’s Report**

- ❖ Maureen Bauman reported on the following:
  - A summary of the department’s update to the BOS regarding the priorities of Health and Human Services was provided in the hard copy of the Director’s Report (provided).

## Unfinished Business

- ❖ Recruitment/Visibility (*Standing Agenda Item*)
  - Michael Lane, Consumer Affairs Coordinator, shared that he would find it useful (in promoting committees), if there was a list of committee members. He recommends adding a list of each committee and its members on the website - better visibility. Also, regarding peers/ consumers who are employed, he feels it would be useful to have clear expectations (e.g., identify whether or not the individual is representing their agency, disclosure of that fact), which will be useful for recruitment.
    - Take to Executive Committee and will bring back for further discussion.
- ❖ Placer County FY 2015-16 Final Budget Questions
  - Table discussion to next meeting due to absent members.

## New Business

- ❖ Conflict 700 Forms Due April 1, 2016
  - Reminder of upcoming forms that are due by April 1, 2016 and noted the electronic reminders were sent out.
- ❖ MHADB Bylaws Update Ad Hoc Committee
  - Table discussion for next meeting due to absent members.
- ❖ Suicide Data [*PowerPoint Presentation*]  
[*Not all information from the PowerPoint is included below*]
  - Reviewed the PowerPoint presentation developed by Michael Romero, MPH - Public Health (hard copy provided).
  - The data and numbers come from the California Death Certificate data (Placer County residents only).
  - Coroner makes the determination: accidental or suicide.
  - 811 suicides (1991-2013), averaging 35 per year.
  - Important to view the rate of suicide; Placer County averages 13 per 100,000 (higher than the average CA rate).
  - Males completed more suicides than females. Females have more attempt than males.
  - Viewed the peak in various age groups.
  - Mechanisms: 1<sup>st</sup> Firearms; 2<sup>nd</sup> hanging- suffocation; and 3<sup>rd</sup> poisoning.
  - Education of those completing suicides – 15% bachelors degree; 27% some college or associate degree and 31% completed high school.
  - Race – 92% Caucasian.

### **Conversation:**

- The data is to make us think about strategies, prevention and what makes sense going forward. Is there an area in Placer County we want to target?
  - Brand new dashboard: [www.placerdashboard.com](http://www.placerdashboard.com). Placer County data by zip code.
- There were a series of suicides in Tahoe, five suicides over a short period of time. The community was greatly impacted and has been working together on the issue. ASOC is discussing if there would be an interest in a suicide task force. Checking to see if there is anyone from the MHADB interested in participating.
- Theresa Thickers requests the task force to look at youth and the schools' resistance to free suicide trainings.
  - David Bartley volunteered to participate.
- ❖ MHADB Annual Retreat/Workshop
  - Table discussion for next meeting.
  - May 20, 2016 is the proposed date identified on the 2016 meeting schedule.
    - Theresa Thickers will send out in an email regarding the retreat date.
- ❖ Contract [**Action Item**]
  - Maureen Bauman provided an overview of the below contract. Contract(s) are available for review upon request.
    - Approve 3<sup>rd</sup> Amendment for Negotiated Net Amount (NNA) and Drug Medi-Cal (DMC) Initial Multi-Year Agreement
  - **Janet O'Meara made a motion to approve the above contract, Sharon Stanners seconded. Motion approved.**
- [**Informational Item**]
  - MHSA Plan 2014-17 and Expenditure Plan

### **Board Member Comments**

✧ No comments received.

### **Public Input**

✧ No input received.

### **Adjournment**

- The meeting was adjourned at 8:12 p.m.
- Tuesday, March 14, 2016 at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, March 28, 2016 at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board