

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Adult System of Care**

**TO:** Honorable Board of Supervisors  
**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director of Adult System of Care  
**DATE:** May 26, 2009  
**SUBJECT:** Mental Health Services - Contracts/Amendments

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**ACTION REQUESTED:**

Approve the following contracts and amendments which address current and budget year revenue reductions by increasing contracting for specific mental health services, and authorize the Director of Health and Human Services to sign subsequent amendments not to exceed \$49,999 as needed:

- a. Amendment to Contract CN012604 with Yolo Community Care Continuum to increase funding for FY 2008-09 by \$40,000 and FY 2009-10 by \$318,500 for a revised 2-year contract amount not to exceed \$578,500.
- b. Contract with Sutter-Yuba Mental Health Services from April 1, 2009 through June 30, 2010 in an amount not to exceed \$218,745.
- c. Amendment to Contract CN012579 with Turning Point Community Programs, increasing funding from June 1, 2009 through June 30, 2010 by \$925,000 for a revised 2-year contract amount not to exceed \$2,081,000.
- d. Contract with Nevada County Behavioral Health from June 9, 2009 through June 30, 2010 in an amount not to exceed \$419,683.

These contracts are funded through a combination of Federal, State, and County General Funds. The County General Fund contributions required in these actions are included in the FY 2008-09 Final and FY 2009-10 Proposed Budgets.

**BACKGROUND:**

The Health and Human Services Department continues to improve services through innovative approaches that partner with other agencies with service expertise. These strategies include the ASOC redesign providing enhanced services with increased staff expertise through the expansion of community-based contracts which address state revenue reductions in both the current and upcoming budget year. This effort will result in the reassignment of staff with no layoff of permanent staff planned.

The redesign effort includes the following:

- a. Decreased use of restrictive and costly locked inpatient facilities: The Yolo Community Care Continuum contract will enable 42 individuals to continue to move from restrictive and costly locked inpatient facilities to less restrictive and less costly community-based residential treatment. Such community-based programs are essential to enable individuals to learn coping strategies and independent living skills to successfully live in the community and reduce their reliance on publicly funded programs.
- b. Short term expansion of Psychiatric Health Facility services: The Sutter-Yuba Mental Health contract will provide necessary in patient services to 50 individuals on an interim basis while a Request for Proposals to re-establish an Adult Crisis Residential program is pending. Although the contract includes a start date of April 1, 2009, services will not commence until after the Board approves this contract.

- c. Intensive out-client mental health services: Turning Point Community Programs, an existing contractor providing intensive outpatient services, will increase the number of persons they will see at any one time from 35 to 81 persons. This provider has the ability to begin to increase service capacity effective June 1, 2009.
- d. Crisis intake: The System of Care intake function (24 hours a day/7 days a week telephone-based mental health triage services) is scheduled to be transferred from CSOC to ASOC as of August 1, 2009. After a thorough review of the increasingly complex training and experience required to best assess and treat residents with mental illness, the department recommends that ASOC enhance the effectiveness of initial screening and crisis management by participating in a regional model in partnership with Nevada County. This will allow for over 8,000 residents to be evaluated and counseled by individuals with demonstrated expertise in crisis resolution and stabilization. Nevada County Behavioral Health is in support of this expansion. This contract is scheduled to go to the Nevada County Board of Supervisors for approval on June 9, 2009.

These structural changes will enable County staff to continue to provide critical core services while maximizing efficiency where expert capacity exists within the community.

These contracts and amendments were reviewed and recommended for approval by the Mental Health, Alcohol, and Drug Advisory Board at its regular meeting on May 18, 2009.

**FISCAL IMPACT:**

These actions will result in a reduction of County General Fund in the FY 2008-09 Health and Human Services budget, as well as better position the Department to manage the services within available resources for the upcoming budget year. No additional County General Fund contributions are required.

Copies of the amendments and contracts are on file with the Clerk of the Board for review.