

**Deputy Sheriff** 

# **Physical Agility Examination Process**

Candidates for Deputy Sheriff Trainee, Deputy Sheriff I and Deputy Sheriff II must pass the POST Job-Related Work Sample Test Battery which consists of five physical agility job-task simulation tests. It will test several physical performance abilities identified as necessary in the field of law enforcement. Successful completion of each physical test as specified is mandatory. A candidate must compile a minimum of 384 points to pass the physical performance test as a whole. The faster each test battery is completed the more points the candidate receives. Time to point conversion charts are available for viewing on day of testing.





### Obstacle Course:

As rapidly as possible the candidate runs a 99 yard obstacle course consisting of several sharp turns, a number of curb-height obstacles, and a 34 inch high obstacle that must be vaulted. Two attempts at this test are allowed.





#### **Solid Fence Climb:**

As rapidly as possible the candidate runs 5 yards to a solid fence, climbs over the fence, and continues to run another 25 yards. Two attempts at this test are allowed.





### Chain Link Fence Climb:

As rapidly as possible the candidate runs 5 yards to a chain link fence, climbs over the fence, and continues to run another 25 yards. Two attempts at this test are allowed.





## **Body Drag:**

The candidate is required to lift a 165 pound life-like dummy and drag the dummy 32 feet as rapidly as possible. Two attempts at this test are allowed.





#### 500-Yard Run:

The candidate runs 500 yards. One attempt at this test is allowed.