

MONTHLY BOARD MEETING MINUTES

January 28, 2013

Mental Health Board

Members in Attendance

Behrens, Sharon
Meade, Pat
O'Meara, Janet
Wesp, Daniel
Williams, Jessica

Absent Members

Buckman, Rick
Holmes, Jim
Schauer, Steve

Staff and Guests

Bauman, Maureen
Cleveland, Cheryl
Conklin, Chris
Daniels, Warren
Ellis, Amy
Jones, Janna
Sainz, Jaime
Trenwith, Cheryl
Thickens, Theresa

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speakers: Cheryl Trenwith, Program Manager, ASOC -- Presenting on Conservatorship Process

- Ms. Trenwith distributed and reviewed a handout explaining the major differences between conservatorships - Lanterman-Petris-Short Act (LPS) Conservatorship and Guardianship and Probate Conservatorship.
- Briefly reviewed the process for conservatorship – regulations and Placer County's process and protocol.
- LPS Conservatorship - primarily for those with mental illness.
- Murphy Conservatorship – forensic related to competency to stand trial.
- Purpose of conservatorship is to provide individualized treatment, supervision, and placement of conservatee.
- Probate conservatorship is primarily for people aging into grave disability.
- In ASOC, approximately 75% of the conservatorship cases are LPS and approximately 25% are probate.
- Explained the investigation process for conservatorship, which also involves talking to as many people that have had professional or personal contact with the patient to glean information.
- Distributed and briefly reviewed a document on LPS Conservatorship – Disability Rights (California).

Secretary/Treasurer's Report

Approval of the December 17, 2012 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of December include: \$54.94 – catered meals and \$5.60 postage (January); as of January 22, 2013, the remaining balance is \$1,002.25 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - In tonight's meeting, Tony Allinger thought it would be important to speak with Full Circle Treatment to explain underlying reason why it's important for parents to have access to drug test kits.
 - Committee discussed DUI Court and possibility of having a recovery coach.
 - Discussed and questioned whether other groups could benefit, equally, from Drug and Alcohol Prevention funds.

- ❖ Quality Improvement Committee – Jessica Williams
 - The committee reviewed the review processes – examined details, numbers and looked at the system and how much work the staff puts into quality review throughout the year. The group was able to also look at outcomes.
 - Another External Quality Review Organization (EQRO), conducted by the state, is scheduled in March.
 - Discussed new educational related mental health services. Sharon Behrens will follow up with current data on IEP and 504s since the funding has changed.
 - The committee plans to add additional materials to Laura Law's summary that's located on the web site.
 - Continuing to update the MHADB email disclaimer to ensure we aren't receiving urgent crisis emails in a non-urgent crisis email inbox.

- ❖ Children's Committee – Sharon Behrens
 - The committee did not meet.
 - Sharon Behrens reported on her meeting with Shari Crow earlier in the week to discuss some changes.
 - Prescription Take Back is taking place April 27, 2013.
 - During the drug collection, volunteers will be asking individuals to complete a survey.
 - Soliciting Board members who are interested in volunteering to assist in requesting people to complete the survey.
 - Over a two-year period (two times per year), eight tons of prescriptions have been collected in the Placer County Take Back events.
 - Sharon Behrens will secure a copy of the survey and Janna Jones will forward to members.
 - Alive Mental Health Wellness Fair takes place February 27, 2013 on the Sierra College Rocklin campus.
 - We have been asked to have a table and/or have a break-out session.
 - Deadline for entrance: February 6, 2013.
 - MHSA grant monies are being used to addresses suicide specifically, and also address discrimination and mental health stigma,
 - Janet O'Meara will be the point of contact.
 - Shared information regarding having contact with pediatricians in regards to training information that might be helpful for doctors – specifically how to approach the subject with young people about drug abuse and/or mental health issues.
 - Met with the Director of Pediatrics at Sutter.
 - Training will be scheduled for doctors and nurses to help develop a way to approach the topics of mental health and other issues.

- ❖ Adult System of Care Committee – Janet O'Meara
 - Last meeting only two people in attendance and were unable to address items on the agenda.
 - While the committee is not in support of AB 1421, at this time, they still want to look at services for consumers or for those who seek mental health services and where can we do more.
 - The committee has questions to address and work on related to those in a PHF or three-day treatment. What is the process for "winning them over" to be able to know that they will be able to follow through after their release.

BOS-Representative

- ❖ None

Correspondence and Announcements

- ❖ None

Director's Report

- ❖ Maureen Bauman reported on the following and provided a written Director's Report:
 - Acknowledged that there has been a heightened amount of awareness about mental health due to the recent tragedy in Colorado.
 - Pro-tem Darrel Steinberg wrote a letter to the Vice President asking to include mental health intervention as part of the plan.
 - Reported on article in the Sacramento Bee – News and Review: Statewide initiative of MHSA – stigma and discrimination. There was a pull out related to mental illness (locally), highlighting different people in different counties and their different stories.
 - Reported that Jim Gandley, Assistant Director in Health and Human Services, retired and is being replaced by Graham Knaus.
 - ASOC will remain at the Cirby Hills Facility. The landlord of the facility will contribute to remodeling the building.
 - The priority is to get the doctors and supporting staff in the same area for better access.
 - Moving the Clubhouse out of its current area (gymnasium) to another area with separate spaces to accommodate their activities.
 - Laura's Law update- Supervisor Montgomery and Supervisor Holmes invited Maureen Bauman, Dr. Burton, Michael Haggerty and Tom Anderson (Nevada County judge) to discuss Laura's Law. This was an opportunity to explain what is being done now, what the law does and doesn't do and the need to continue to look at services.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Cheryl Cleveland has submitted her application and plans to interview at the next Executive Committee meeting.
 - Contacted by an internist who has interest in a couple of Placer County boards – MHADB and Older Adult Advisory Commission (OAAC).
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Discussion took place on having a booth/table at Sierra College for their Alive Mental Health Wellness Fair.
- ❖ FY 2011-2012 Annual Plan Distribution
 - The final FY 2011-2012 Annual Plan to the Board of Supervisors was distributed to all MHADB members.
- ❖ Lectern Update
 - There are various lectern options available and discussed needing something that is portable.
Dan Wesp made a recommendation that the Executive Committee choose the lectern, Pat Meade seconded. Motion carried.
- ❖ NAMI
 - Maureen Bauman felt there was a need to have more of a presence at the NAMI meetings and make stronger connections so she attended the January NAMI meeting.
 - Ms. Bauman plans on attending or have staff attend on a more regular basis.
- ❖ New Jail Site Visit
 - Sharon Behrens had contact with Lt. Walsh, who suggested the following dates for a site visit: February 12, 13, 14, 19, 20 or 21.
 - Sharon Behrens will set a time for a jail visit and will be confirming the date/time by the end of the week.
 - Members agreed to Thursday, February 21st – later in the day.

New Business

- ❖ Acceptance of New Board Member Appointment – Theresa Thickers [Action Item]
 - Ms. Thickers provided a brief summary of her experience and education.
 - The Executive Committee recommends the appointment of Theresa Thickers to the MHADB.
Janet O'Meara approved the appointment of Theresa Thickers, as a Public Interest Member, to the MHADB, Jessica Williams seconded. Motion carried.

- ❖ Board Process to Address Emerging Issues
 - Often times the MHADB gets requests from the public for information. Any requests for specific information related to processes are to be directed to the Chair and/or Maureen Bauman. It will then be addressed in the Executive Committee meeting.
 - Public has a right to ask for any information and a right to receive it; however, individuals do not have a right to ask individual board members for specific information. The process we have in place ensures we are able to provide the best information to the public.
 - As part of your committee process, when interested in visiting a program, in-house or in the community, Sharon Behrens recommends Ms. Bauman be contacted to ensure appropriate contacts are being made.
- ❖ New Issues of Interest to the MHADB
 - The Executive Committee realized there isn't a current topic being followed and is now soliciting the Board to see if members would like to add to our current year's trainings and/or identify areas of particular interest. This includes having people present to the full Board.
 - Identified having a recurring site visit for new members and current members – having a visit take place on a regular basis.
 - Executive Committee will come up with a list for further discussion and will bring back to the full Board.

Board Member Comments

- ❖ Theresa Thickens brought up a situation related to AB 12 wherein the resources and TAY discussion is timely.
- ❖ Janet O'Meara has been routinely attending the CCW meeting and would like to see more MHADB members attend.
- ❖ Dan Wesp identified the main reason for joining this Board – increased communication and knowledge between the Courts, Criminal Justice System, and HHS and about the services that are provided. It's always good to have the Courts, Public Defender, and DA know what's out there and how to access but also understand and learn about the available resources.

Public Input

- ❖ None

Adjournment

- The meeting was adjourned at 7:51 p.m.
- Monday, February 11, 2013 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, February 25, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board